

# ACTUALIZED DRUMMER

PATHS TO REACH YOUR POTENTIAL

# CLINIC

TOOLS TO HELP YOU ACCOMPLISH  
100 % OF YOUR POTENTIAL

Overcome Blocks

Physical - Logical - Emotional Tools

Become More Focused

Build Powerful Habits

Be Super Effective

Evolve Your Career

Play With Confidence

Sound At Your Best

Enjoy Having A Sense Of Purpose

# **- Actualized Drummer -**

## **Clinic**

**Reach 100% Of Your Potential**

**by Eugenio Ventimiglia**

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## - Actualized Drummer Clinic -

Length: 3 hours.

Tools to help you achieve 100% of your potential.

Find out dozens of cutting edge concepts and integrate them in your arsenal of techniques and knowledge to grow as a musician and as a person.

Overcome blocks, become more conscious, evolve your career, play with confidence, enjoy having a sense of purpose.

' Actualized Drummer ' is a clinic created for drummers who are looking for new and more evolved answers to the needs and challenges they face today in the music world.

Over the past few years it has become more and more evident that it's not enough to be able to play well in order to live in a fulfilling and successful experience as a drummer.

With the evolution of all art forms and also the transformation of the societies in which they are expressed, it is increasingly crucial to be able to constantly adapt, evolve and grow.

Over the years, Eugenio has studied and researched not only music but also subjects such as psychology, human behavior, personal effectiveness, business, learning techniques, optimization of resources, self actualization, and the principles of creating a fulfilling career.

Each of us knows how challenging it is to know what we want, to stay focused, to remain proactive, to be consistent, to function in an optimal way, to be confident, to have a direction and to set and achieve goals.

All things that, when are not taken into account, keep us from making music at our best.

This clinic summarizes the material contained in the Actualize Drummer method, a book of more than 500 pages in which Eugenio has organized and combined a number of models and concepts, orienting and contextualizing them specifically for the needs we have as drummers, and making them useful and easily accessible by anyone who plays our instrument, with great and quick progress.

The topics covered will be:

- Dozens of concepts, exercises, strategies and powerful techniques: from PNL to mental rehearsal techniques used by athletes, to building constructive habits.
- Empowering frameworks, mindsets and paradigms.
- How learning works.
- How change works.
- The 4 parts model: physical, logical, emotional & spiritual tools.
- How to use the 4 parts model to better understand drumming, music, musicians and oneself.
- How to go from inadequate to effortlessly masterful.
- How to become extremely effective.
- What is talent and what to do about it.
- How to handle fear and anxiety.
- How to reach true confidence.
- What real success is and how to define it for yourself.
- Figure out what you really want in your career, and how to achieve it.
- A model to strengthen your inner resources.
- Why character is destiny.
- How to be more aware, take responsibility, be patient, become fulfilled.
- Getting to know, understand, evolve, express yourself.
- Tools to conquer all inner blocks and self inflicted limitations.
- Discover your values, strengths, zone of genius, biggest opportunity.
- Advanced techniques to set and reach your goals.
- Building powerful habits.
- Find out what your mission is, and let that fuel your efforts.

- The importance of daily routines to make it all happen.
- Going from theory to practical results.

For more information:

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# About The Author:

Freelance Drummer - Teacher - Clinician

Eugenio Ventimiglia is an Italian freelance drummer and educator. Throughout his career he has performed in a multitude of musical contexts, playing 1000 concerts, participating in 100 records and teaching hundreds of students.

Moved by a strong passion for music, which drives him to keep evolving, the objectives of his research are freedom of expression, intensity of the emotions communicated, and the exploration of new territories.

His vibrant style comes from the desire to discover various languages and sounds, and the desire to always play for the music, including the various influences with no boundaries to creativity.

He has studied at Modern Music Academy in Milan and then at the Drummers Collective in New York, where he has lived for two years, expanding his understanding of world class musicians and gathering a musical knowledge which promoted a deep personal and artistic growth.

He then completed his studies at CambioMusica in Brescia.

He has played in extremely different musical settings, from jazz ensembles to funk, pop and rock bands, to progressive rock bands.

He has also experience in a wide range of contexts, that go from the tour to the recording studio to the TV show.

He endorses Tama drums and Zildjian cymbals.

He is also the creator and developer of the 'Confident Drummer Project'.

All of this with one common denominator: true love for the art of drumming in every form, nuance, and color you can think of.